EX-POW BULLETIN

the official voice of the

American Ex-Prisoners of War

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November/December 2010



We exist to help those who cannot help themselves



National Commander Morris Barker 2010~2011

National Convention ~ Albany, Georgia



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Deadline for the Jan/Feb 2011 issue is Dec 1, 2010.

Please send all materials to the editor at the above address.

November/December 2010

National Veterans Day Ceremony

The Veterans Day National Ceremony is held each vear on November 11th at Arlington National Cemetery . The ceremony commences precisely at 11:00 a.m. with a wreath laving at the Tomb of the Unknowns and continues inside the Memorial Amphitheater with a parade of colors by veterans' organizations and remarks from dignitaries. The ceremony is intended to honor and thank all who served in the United States Armed Forces.



The Veterans Day National Committee also selects a number of regional sites for Veterans Day observances throughout the country. From stirring parades and ceremonies to military exhibits and tributes to distinguished veterans, these events serve as models for other communities to follow in planning their own observances.

Mea Culpa - again.

Here I am...trying to entice one of our really talented writers to contribute more to the Bulletin...and I misspell his name! For all our readers, last issue's Civilian column was written by Angus LORENZEN. He did a fine job. Hopefully, if I grovel enough, he'll write more. Angus?

Renewal Notice! Annual Members!

The January, 2011 issue will be the last one you receive if you don't renew. Take a minute and send your 2011 dues to National Headquarters.

Don't miss out on all the benefits membership in AXPOW offers!

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National Commander Morris Barker

As we enter the sixth decade as the American Ex-Prisoner of War organization and look forward to a new year, I want to thank you for your confidence in electing me your 61st National Commander at our recent convention in Albany, Georgia. It is my honor to serve you. The convention was enjoyable, especially the visit to the POW Museum in Andersonville as National Headquarters and Andersonville Park Ranger Alan Marsh did a great job in arranging for and hosting the event. I also want to thank Ed DeMent, AXPOW Andersonville Coordinator, and Brad Bennett, Superintendent at Andersonville for their assistance in making the tour educational. It was also gratifying to see the comradeship enjoyed by members as they visit each year, many who were together in various POW camps around the world. I also want to recognize PNC Kenny Hanson and the various committees for their vision in leading the organization this past year.

Although we face new problems each year, the AXPOW membership, many who give of their time voluntarily, will continue to *assist those in need* through their advocacy for former POWs and dependents. The number of veterans who survived captivity in all wars from WW II through post Vietnam is approximately 142,000. Of this group, 17,000 including dependents are still living, and many will need the assistance of the various

programs provided by the organization, especially as we progress in age. So, it is my hope that this year our commitment will be to recognize the importance of our organization, especially those who have benefitted from it, and strive for unity and support in order that we may continue to carry out *our purpose*.

It is not my intention to continue to dwell on needed funds throughout year. However, if we are to continue our current efforts and add additional segments such as a tuition program for POW grandchildren who need assistance, place more emphasis on the NOK (next of kin) outreach and NSO effort, and administer some of the changes on which were agreed at the convention. I feel it is my responsibility at this time to discuss our current and future efforts as directed by the Board and membership. The combination of our checking and security accounts has been reduced to less than \$150,000 over the past two years, and from \$450,000 over a ten year period. This means we are borrowing from ourselves to meet our basic needs, creating a financial concern, but one that is not insurmountable.

Because of our need, and continued decrease in revenue, many decisions at this year's convention related to decreased cost and ways to *increase funds.* The financial position in which we find ourselves occurred over a period of several years, and unsuspected costs, over which we had little control. The loss in annual revenue resulted from 1. decreased membership (2) most members (94%) are life members which does not generate funds (3) increased cost in printing and mailing (4) decrease in in-house and direct marketing sales (5) convention cost (6) loss of support and interest of valued members who are inactive (7) maintaining an office and a host of other increased expenses. In order to develop a realistic budget that would allow continued efficient operation of the AXPOW organization, several difficult decisions had to be made. The Board of Directors and general membership are to be commended for their support of these needed changes as recommended by the Budget Committee.

Budget Reduction: The overall Budget for 2010-2011 was decreased by \$82,655 from the 2009-2010 Budget, or from \$435,655 to \$353,000. This reduction was accomplished by a decrease in, or a complete elimination of many line item costs. Some of the major monetary <u>reductions</u> (approximate figures) were made in the following areas: National Treasurer expenses reduced by \$20.000 (the treasurer's function will be relocated), Washington Office \$12,000 (the Board voted to close the office 12-31-2010), Boards and Committees \$19,000, and, Ways and Means \$10,000. In addition to budget cuts to foster the organization, several suggestions were presented and approved by the Board and membership to increase needed revenue.

Increased Revenue 1. It was recommended that the AXPOW organization discontinue life membership fees in the future, and go to an annual fee basis exclusively as several other service organizations have done including, Order of the Purple Heart, and DAV. Currently, AXPOW <u>life members</u> pay one-time fee which does not generate on-going revenue. Those members (1086) paying an annual membership fee (\$40.00) do produce an annual income of approximately \$43,000. Current life members will maintain their status but an assessment of \$20 a year will help offset the cost of publishing the BULLETIN and maintaining the administration costs. Those members with computer access who would prefer to receive their copy of the Bulletin

commander continued...

electronically, please notify the Editor, Cheryl Cerbone (contact information in your Bulletin).

- 2. The relocation of the Treasurer's duties and closing of the Washington office is estimated to reduce cost by approximately \$32,000.
- 3. The 501c(3) application will be submitted which will allow corporate solicitation.
- 4. The new credit card Program, introduced by Ways and Means chair, Cheryl Cerbone, has potential to increase revenue. When the card is requested and used the first time a \$50 contribution is made by the United Missouri Bank (UMB) to the AXPOW organization, and contributions continue with use of the card. There is no annual fee. To review the program, please refer to the July/August Bulletin.

I will try to answer further questions regarding decisions made by the Board and membership at the convention.

You are encouraged to continue support of the organization

through the Voluntary Funding Program, advertisements, general fund donations, in-house sales, and the direct mail contributions.

Looking forward, we can all take advantage of several opportunities to insure our lasting legacy by volunteering, speaking at schools and other organizations to insure that all are aware of the fact that freedom comes with a price. When possible support your local AXPOW chapter or state department by your attendance and influence. Attendance at commemorative ceremonies, individually or collectively, demonstrates our influence with local or possibly national representatives. I also want to encourage inactive members to again lend their support and valuable experience to the organization as they have in the past.

On October 25-26 the Veterans Commission will meet in Waco at which time regional AXPOW members are invited to attend. At that time I will have the opportunity to attend and visit with several AXPOW members, and will report on the meeting in the next Bulletin.

In paraphrasing the statement made by General McArthur in his retirement address before Congress in 1951......"Although our cadence is not what it used to be, and the shadows are lengthening for us, we are not dwelling on the twilight, but on the sunrise".

Again, it is my privilege and honor to serve as Commander of the American Ex-Prisoners of War.

Morris



Commander Barker spoke before the Advisory Committee on former Prisoners of War when they met in Waco, Texas the last week in October.

news from hq



Happy Holidays to all!

We have been receiving inquiries about our direct mail program. Here is an explanation of how the program works.

The question most often asked is, "What percentage does the mailer get?" The answer is none. The mailer is a vendor who sets a flat charge for the service of printing

Ex-POW Bulletin Nov/Dec 2010 and mailing. It is in the contract the organization signs for every program. We pay this fee when the mail-out is sent. The organization then gets all the donations deposited directly into our bank account. The only unknown cost is the postage. We don't know what that is until the product is actually mailed.

"What about the mailing list? Do you sell it?" The answer is no, we do not sell your name and address to anyone. We supply it to the vendor so they can mail you your labels and calendars. They do not use it for any other purpose. We supply an updated listing with each program.

"Do we really make money on this?" Yes, yes we do. The direct mail program brings in thousands and thousands of dollars. It has helped keep AXPOW viable. Without your donations, AXPOW would cease to exist.

We know these are difficult times for all. We appreciate your support and donations. You are why we exist. Thank you.

It is time for annual members to reup. You should have received your renewal notice. If not, just send in the label from your magazine with your check.

We had a great convention in Albany, Georgia. The day spent at Andersonville National Historic Site and the National POW Museum was amazing.

Travel safely and enjoy your holidays.

Clydie, Marsha, Sally and Donna

VA Outreach S*O*O*N Before it's too late



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Questions & Issues Hope & Help

All AXPOW National Service Officers are still reaching out to help former POWs and their dependents. But with previous success in this effort, and our aging reality, VA claims activity has slowed down, with main VA claims having to do with widow's benefits, and fine-tuning our veteran POWs' VA benefit eligibilities.

August 9, 2010, Monday morning. What am I going to do? No VA claim issue pending. Then. The day developed and it wasn't boring.

Call from Pam in Georgia. Her husband died of ALS and she now receives her widow's benefit. But it has been six months and she has not received the service-connected burial allowance. I call Kevin in Philadelphia VARO, and he will call Pam direct and seek a solution to this delay of burial allowance.

Call from Sam's family in south-western Colorado. I'd helped Sam get 100% VA DC benefit in 2008. Now Parkinson's progressed, and he needs to go into VA-contract nursing home. But none nearby. With family in Las Vegas, Nevada,

a nursing home there would suffice. After good help from Audrey Dorry in Denver VARO and Rita Andreola in Reno VARO, I find that a son has already begun process with Denver VA to get Sam in a VA-contract home. (Same got Aid & Attendance 9/2; died 9/4/2010).

Call from Phyllis, secretary for Brother Rowl's church in Mansfield, TX. She had helped me work on his claim three years ago, to get him 100%. Since then he has had stents in heart arteries, but now they are failing and must be replaced; his age 87, still preaching. I refer Phyllis to Waco VARO POW coordinator Jerry Reyes, to begin claim for possible 100% special due to heart problem.

Also Phyllis' husband was wounded in Vietnam, and has never been to the VA. I encourage her to push him to go to VA for his claim possibilities due to his Purple Heart wounds, and Agent Orange. AND Phyllis has a friend whose husband was in Texas National Guard for six months; does that count as active duty? Probably not, go to County Veterans Service Office to inquire.

Call from Michigan. Husband died of ALS. Widow just wants to thank Robert Fletcher and me for helping her get her widow's benefit, after she read Dear Abby column in July 2009. She said the VA benefit had eased the pains of her old age.

Call from Jean in Richmond, Virginia. Her 99-year old mother has his DIC widow's benefit, but she doesn't. Finally now Jean's fiduciary approval has come through, to break loose her mother's funds to help with her expenses.

What a boring day, with still dilemmas to solve.

NSO Betty Harlan in Sudan, Texas, monitors veterans events countrywide on the Internet, so we can make sure all POWs and dependents have VA benefits due them. Early August, Betty e-mails me about parade in Monroe, Michigan to honor 47 veterans in the area, including one former POW, Arthur J Kosino, AXPOW member, Stalag 17B, Krems, Austria, B-17 gunner. I call Arthur and find that he has his 100% VA disability, and his wife is enjoying ChampVA. GOOD!

Next, Betty sends the obituary for William M Tiarks of Underwood, Iowa, near Council Bluffs. I call another Betty, our NSO Betty Grinstead in Silver City, IA. She says, "I will make sure Mrs. Tiarks gets her VA benefits." Two Bettys get it done.

And Betty Harlan sends article about American Legion's honoring former POWs in Jamestown, New York area, seven of them. Our AX-POW directory shows two of them as members of AXPOW. I call Lester Bishop there in Little Valley. He and wife Laura assure me that all six POWs in the picture have their 100%, plus ChampVA for spouses living. Lester and Laura will check to make sure about all that. Betty's special outreach.

Friend in Dallas, tells Dois Smith tocall me for help in how he can assist a widow in a Dallas nursing home to get her VA benefit; her husband died of ALS. I talked with Dois in November 2009, Now, in August 2010, Dois calls with a problem. This widow's claim has been approved, EFFECTIVE Dec. 1, 2008. Dois, who is managing this widow's finances, thinks the VA made a mistake and it should have been effective Dec. 1, 2009. The initial deposit to her bank account had been over \$23,000, just in the nick of time for some major expenses she had. But Dois was afraid to spend this. thinks it might have been a mistake. I assured him that the VA had gone back a year retroactive, and that was standard procedure. Good news. Dois, all tax-free.

outreach continued...

A nice note from Pam in Petaluma, California: "Dear Fred, My mother saw the ALS info that was published in the "Dear Abby" column. I can't tell you what a difference getting these veterans benefits has made for her. Thanks! Pam".

Anne in Seymour, CT writes: "I want to thank you first for referring me to Melanie Bussel, and for being there and doing this wonderful thing. I didn't believe this would happen. A lady from my neighborhood, telling me about you, your referring me to Melanie, and now I get this wonderful retroactive check, and my monthly one came in vesterday. It's truly a miracle when I am losing my home. God bless you. This has all changed my life. Melanie worked very hard and I received the monies so quickly she's a doll! Sincerely, Anne".

Carol in Republic, Missouri, writes: "how the Lord watches over us! I lost my dear husband of 45 years in 2000 from Lou Gehrig's Disease - ALS. John served his country in the US Navy, then as a Police Captain in Chula Vista, CA for 32 years until retirement, then worked for Laborers for Christ 'til ALS came. One Sunday, an angel (Marion Rippee) approached me at church and asked if my husband had died of ALS. Marion is an NSO for American Ex-prisoners of War, and she told me about the VA benefit, filled out all the paperwork for me and I qualified. Because of her dedication to her work, knowledge of procedures, and up-to-date information and helpfulness to me, Marion showed her dedication in helping veterans. I told my children and grandchildren Grandpa loved them and, because of an angel Marion, left them with an inheritance and his honor to have served his country; now his country is serving him".

Ex-POW Bulletin Nov/Dec 2010 Marion Rippee, our NSO in Springfield, MO, has helped hundreds of POWs and other veterans for many years with their VA claims.

We have so many caring VA employees, trying to get things done right. There are some very unfair rulings that they have to follow. For instance: Before September 30, 1999. when a former POW died he had to have had a 100% disability rating for at least 10 years, for his surviving spouse to qualify automatically for her DIC. After September 30, 1999, the former POW had to have 100% disability for only one year. Why penalize the widow whose husband died before September 30, 1999? (Editor's note: See NSO Director's column - this has been changed in favor of surviving spouses).

And now, another inconsistency, with the remarriage of surviving spouses: Veteran dies of ALS in 1992, when ALS was not yet serviceconnected. His widow at age 64 remarries in 1994. One Sept. 23, 2008, ALS is ruled service-connected: widow applies for DIC, but is denied because she did not apply for benefit before Dec. 16, 2004. BUT SHE HAD NO CLAIM BEFORE Sept. 23, 2008. Now, with good counsel from Kathy Mosteller in Muskogee, OK VARO, and Ginger Raney in Waco, TX VARO, we're working to correct this.

Another VA good deed: Former Korean War POW Herb in Thailand has 60% disability rating which allows him to apply for 100% due to Unemployability. He has severe hip problems and applies for examination for additional disability rating. Medical evaluation is not conclusive for additional benefit, and VA decision reads in part, "Records from Chiangmai Ram Hospital show a diagnosis of osteoarthritis of the bilateral hips. Your doctor there submitted a statement that your arthritis is at least as likely as not the result of your incarceration as a prisoner of war. REASONABLE DOUBT HAS BEEN RESOLVED IN

YOUR FAVOR". This raised Herb's disability rating only 10% to 70%, so his benefit remains the same, at 100% due to Unemployability. But the Pittsburgh, PA VARO, which handles Southeast Asia VA claims, did the best they could for Herb, as stated in RVSR M. Toomey's August 19, 2010 revised rating.

From Miriam in Ohio: "A year ago August, I contacted you for help due to my husband's death from ALS. My case was complicated because my husband committed suicide when he was in the last stages of ALS. The death certificate listed death as a gunshot wound to the head with ALS as a contributing cause. After a long, long year submitting many pieces of documentation, I finally received notice today (9/3/2010) that I will receive the full compensation. I just called Doc Unger (our AXPOW NSO) and thanked him for his great support. My claim is being paid back to Oct.2008, right after the law was enacted. That was quite a surprise! \$25,000+++!". Good VA and Doc Unger work!

March/April/May/June/July/August EX-POW Bulletin TAPS contacts by: FL/GA, Doris Jenks; PA, Frank Kravetz & Don Lewis; AZ, Louise Dunham & Doug Burns; TX, Dottie Vaughn, Bill Roberts, Betty Harlan & Fred Campbell; MI, Robert Fletcher; NC, Paul Dallas; WA, Maurice Sharp & Rudy Collins; WV, Susanne Smith (VA POW Coordinator): MN. Richard Carroll: MA. Ruth Powell; SC, Lawrence King; NJ, Charles Susino; AL, Fred Liddell; TN, Charles Heffron & Bill Comp (VA POW Coordinator); MS, Nancy Mullins (VA DRO); IA, Betty Grinstead; IL, Charlotte & Bill Smith; OH, Doc Unger; KS, Ruthanne Grove-Alford (VA POW Coordinator); ID, Bud Hinckley; LA, Stella Webb; CA, Frank Burger; CT/NY, Melanie Bussel; KY, Dudley Riley; VA, Beth Brooks; CO/WI/OR/UT/ ME, Fred Campbell. A lot of phone calls by a lot of our people willing to reach out to help.

nso



Ruth Powell, Director - NSO 191 Florence Road Waltham, MA 02453 781-687-2821

Great News About DIC!

On October 14, 2010, President Obama signed H.R. 3219/S728, The Veterans' Benefits Act of 2010, into law. The Veterans' Benefits Act of 2010 improves and modernizes a variety of benefits and programs for military veterans and their families.

These benefits, administered by the Department of Veterans Affairs (VA), specifically enhance the following veterans benefits:

employment opportunities and small business programs, preventing and caring for homeless veterans, Increasing the scope of the Servicemembers Civil Relief Act, increasing insurance limits, protecting service members called to combat, honoring fallen service members and their families, strengthening education benefits, addressing housing needs of disabled veterans, and investing in research for Gulf War veterans. These benefits are broken into the following sections, or Titles, which are listed below.

TITLE I—Employment, Small Business, and Education Matters TITLE II—Housing and Homelessness Matters TITLE III—Servicemembers Civil Relief Act Matters TITLE IV—Insurance Matters

TITLE V—Burial and Cemetery Matters

TITLE VI—Compensation and Pension

TITLE VII—Employment and Reemployment Rights of Members of the Uniformed Services TITLE VIII—Benefits Matters TITLE VIIII—Construction

Of particular interest to widows is Title VI - Compensation and Pension:

Section 603: Payment of dependency and indemnity compensation to survivors of former prisoners of war who died on or before September 30, 1999. (a) IN GENERAL.—Section 1318(b)(3) is amended by striking "who died after September 30, 1999,".

(b) EFFECTIVE DATE.—The amendment made by subsection (a) shall take effect on October 1, 2011.

This section makes all survivors of former POWs eligible for DIC if the veteran died from non-service-connected causes and was totally disabled due to a service-connected condition for a period of 1 or more years immediately prior to death, without regard to date of death.

If you are, or know of, a surviving spouse who was previously turned down for DIC, please encourage them to refile their claim.

Snowbird Notice

Every year, we hear of members who become ill or incapacitated while enroute to their winter residences. The VA has explicit instructions for medical care at non-VA facilities.

Emergency Medical Care in U.S. Non-VA Facilities

In the case of medical emergencies, VA may reimburse or pay for emergency non-VA medical care not previously authorized that is provided to certain eligible Veterans when VA or other federal facilities are not feasibly available. This benefit may

be dependent upon other conditions, such as notification to VA, the nature of treatment sought, the status of the Veteran, the presence of other health care insurance, and third party liability. Because there are different regulatory requirements that may affect VA payment and Veteran liability for the cost of care, it is very important that the nearest VA medical facility to where emergency services are furnished be notified as soon as possible after emergency treatment is sought. If emergency inpatient services are required, VA will assist in transferring the Veteran to a Department facility, if available. Claim timely filing limitations apply. For additional information, contact the nearest VA medical facility.

2011 COLA

The Federal Government announced that the 2011 Cost of Living Adjustment (COLA) for military retirees, disabled veterans, and social security recipients will be zero for the second year in a row.

Each year Military Retirement pay, VA Compensation and Pensions. and Social Security benefits are adiusted for the rate of inflation. This annual Cost of Living Adjustment is determined by the Consumer Price Index for the previous year. In a normal cycle the CPI for a given year is compared to the previous year to determine the actual rate of inflation. However, since 2008 was the last year the rate of inflation was positive, it is the baseline for determining the 2010 rate of inflation. For example, the 2011 COLA will be based on the 2010 rate of inflation. The 2010 rate of inflation was -0.1% when compared to 2008, therefore there will be no COLA for Fiscal Year 2011.

Happy Holidays! *Ruth*

pow medsearch

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PRESUMPTIVE SERVICE CONNECTED DISABILITIES Public Law 97-37

Public Law 97-37
(Layman's Terms)
Originally published
by William Paul Skelton, Ill,
MD F.A.C.P.
updated by the Department
of Veterans Affairs

All ex-POWs should keep these and/ or make copies. Whenever you open your claim, take them with you and make sure the adjudication officer sees them and have him read them! Make sure he knows all about them. Tell him your own story as it relates to your problem.....

1. ARTHRITIS, TRAUMATIC

Also known as articular trauma. This disorder looks and is treated just like degenerative arthritis (arthritis associated with age) except it is caused by severe damage to a single or few joints producing early onset arthritis. Since it has a definite cause, it is called a secondary form of arthritis. This is an extremely difficult diagnosis to make, but in general one has to prove that a specific trauma occurred to a single or very few joints, and other changes consistent with degenerative arthritis are not present throughout the rest of the body at the same time. In short, these changes need to be localized.

2. AVITAMINOSIS

The total lack of vitamins in the diet. This disorder is a fatal condition unless it is supplemented with vitamins within a few weeks. There fore, most individuals suffer from hypovitaminosis, which is a relative de-

Ex-POW Bulletin Nov/Dec 2010 10 ficiency of vitamins in the diet. The specific type, intensity and duration of deprivation determines the long-term effects.

3. BERIBERI

Caused by a severe lack of vitamin BI (thiamine) in the diet. This produces changes in the nerves (both in the brain and extremities) and the heart. Brain changes could produce dementia or psychosis. Nervous changes are usually associated with numbness and/or painful feet.

Beriberi heart disease is an acute condition, similar to congestive heart failure, except that the heart pumps more blood than in normal congestive heart failure and it is associated with the presence of an excessive amount of lactic acid in the body. It is unknown at this time whether this can produce a chronic state.

4. DYSENTERY, CHRONIC

A disease characterized by frequent and watery stools, usually with blood and mucus, and accompanied by rectal and abdominal pain, fever, and dehydration. This is an infection in the colon and can be caused by a multitude of different organisms, the most common of which is amoeba which can produce a mild or severe dysentery and possibly be associated with a chronic irritable colon. Bacillary dysentery is associated with the bacteria shigella, but will not cause a chronic state. There are multiple other bacteria that can cause dysentery which usually do not produce chronic states. Viral dysentery can also present like amoebic or bacillary dysentery and will not produce a chronic state.

5. FROSTBITE

The actual freezing of tissue. This is graded on a continuum with one representing mild to four representing mummification of the tissue.

The extremities furthest from the heart are usually affected, with primarily the nose, ears, fingertips, and toes being involved. This usually produces long-term side effects. such as numbness, discoloration, excessive swelling, and pain in the affected area.

6. HELMINTHIASIS

Infection with any type of worms that parasitize the human. Most infections usually resolve spontaneously either with proper treatment or as the natural course of the disease. Strongyloides is known to persist in a permanent state in humans due to its ability to reinfect the host.

7. MALNUTRITION

Merely means bad nutrition. The nutritional depletion may be either caloric, vitamin, fatty acid, or mineral deficiency, or more likely a combination. Depending on the type, intensity, and duration, it may yield permanent side effects or no lasting side effects at all.

8. PELLAGRA

Literally meaning rough skin in Italian, also known as black tongue in dogs. It is caused by a virtual lack of vitamin B3 (niacin) in the diet, producing the classical trio of diarrhea, dermatitis, and dementia. All are easily treated early on with no side effects. The dementia, if left untreated, may produce permanent mental deficits.

9. ANY OTHER NUTRITIONAL DEFICIENCY

The lack of protein and calories in the diet generally produces no lasting side effects. However, vitamin deficiencies other than the aforementioned B1 (beriberi) and B3 (pellagra) can have very disastrous effects on one's body. Also deficiencies of certain fatty acids and essential minerals in the diet can have lasting and long term sequela.

medsearch continued...

A generic term for any of the insanities. Generally, it is thought of as a mental disorder causing gross disorganization of a person's mental capacity and his ability to recognize reality and communicate with others regarding demands of everyday life.

11. PANIC DISORDER

Characterized by discrete periods of apprehension or fear with at least four of the following during an attack: shortness of breath, feelings of heart skipping, chest pain, dizziness, sweating, fainting, trembling, fear of dying, or doing something uncontrollable during an attack.

These attacks need to occur at least three times within a three week period, not associated with physical exertion or life threatening situations.

Also there needs to be an absence of severe physical or other mental illness which could cause these symptoms.

12. GENERALIZED ANXIETY DISORDER

Characterized by generalized persistent anxiety and with symptoms of at least three of the following four categories:

- (1) Motor tension as characterized by shaking, jumpiness, trembling and restlessness;
- (2) Autonomic hyperactivity. such as sweating, cold or clammy hands, high or irregular heart rate, dry mouth, etc.;
- (3) Apprehensive expectations, anxiety, worry, fear, anticipation of misfortune to himself or others;
- (4) Tendency to insomnia, hyper-attentiveness, irritable.

All these symptoms had to have lasted at least one month. Also, there needs to be an absence of all other mental disorders and physical disorders which could explain the symptoms.

13. OBSESSIVE COMPULSIVE DISORDER

This may be either obsessions or compulsions. Obsessions are recurrent, persistent ideas or impulses that are thoughts that invade consciousness and are experienced as senseless or repugnant. Attempts are made to ignore or suppress them.

Compulsions are repetitive and seemingly purposeful behaviors that are performed in certain similar manners. The behavior is felt by the individual to produce or prevent some future event. Generally, the individuals recognize the senselessness of the behavior and do not derive pleasure from carrying it out, although it often relieves tension.

Also, the obsessive or compulsive individuals are associated with a significant sense of distress in that it interferes with social or role functioning.

14. POST TRAUMATIC STRESS DISORDER

The re-experiencing of a trauma of a past recognized stress or that can produce symptoms of distress. This re-experiencing needs at least one of the following:

- (I) Recurrent and intrusive recollection of the event;
- (2) Recurrent dreams:
- (3) Sudden feelings that the trauma was occurring because of an association, an environmental or ideational situation.

Also involved is reduced involvement with the external world beginning after the trauma, revealed by at least one of the following:

- (1) Hyperalertness or exaggerated startle response;
- (2) Sleep disturbance;

- (3) Guilt about surviving when others have not;
- (4) Memory impairment or trouble concentrating;
- (5) Avoidance of activities that arouse recollection of the traumatic event;
- (6) Intensification of symptoms by exposure to events that symbolize or resemble the traumatic event.

15. ATYPICAL ANXIETY DISORDER

This is a category that is used for diagnosis when the affected individual appears to have an anxiety disorder that does not meet the criteria for entry into any of the other known anxiety disorders.

16. DEPRESSIVE NEUROSIS/ DYSTHYMIC DISORDER

Characterized by depressive periods in which the patient feels sad and/or down and has a loss of interest in the usual activities that cause pleasure or involvement in usual pastimes.

These depressive periods are separated by periods of normal mood, lasting a few days to a few weeks, but no more than a few months at a time.

During the depressive period, too little sleep or too much sleep, low energy or chronic tiredness, loss of self esteem, decreased effectiveness or productivity at work, social withdrawal, loss of interest in pleasurable activities, excessive anger, inability to respond with apparent pleasure to praise or reward, less active or talkative than usual, pessimistic attitude about the future, tearful or crying thoughts about death or suicide. There are also no psychotic features present.

medsearch continued...

17. PERIPHERAL NEUROPATHY

Literally Greek for the suffering of nerves outside of the brain and spinal cord. There are several different causes for peripheral neuropathy, and vitamin deficiency and possibly mineral deficiency are just two.

Other causes to be considered are various toxins such as lead, copper, and mercury, a hereditary pre-disposition to neuropathy, deposition of amyloid or protein produced by one's own body mounted in response to an infection, infections such as by leprosy, which is the most common form of neuropathy in the world, and multiple other less common causes.

18. IRRITABLE BOWEL SYNDROME

Irritable bowel syndrome (IBS) is a common disorder of the intestines that leads to crampy pain, gas, bloating, and changes in bowel habits. Some people with IBS have constipation (difficult or infrequent bowel movements); still others have diarrhea (frequent loose stools, often with an urgent need to move the bowels); and some people experience both. Sometimes the person with IBS has a crampy urge to move the bowels but cannot do so.

Through the years, IBS has been called by many names - colitis, mucous colitis, spastic colon, spastic bowel, and functional bowel disease. Most of these terms are inaccurate.

19. PEPTIC ULCER DISEASE

A peptic ulcer is a sore or hole in the lining of the stomach or duodenum (the first part of the small intestine).

In addition to the pain caused by

Ex-POW Bulletin Nov/Dec 2010 12 the ulcer itself, peptic ulcers give rise to such complications as hemorrhage from the erosion of a major blood vessel; perforation of the wall of the stomach or intestine, with resultant peritonitis; or obstruction of the gastrointestinal tract because of spasm or swelling in the area of the ulcer. The direct cause of peptic ulcers is the destruction of the gastric or intestinal mucosal lining by hydrochloric acid, an acid normally present in the digestive juices of the stomach.

20. CIRRHOSIS

The liver, the largest organ in the body, is essential in keeping the body functioning properly. It removes or neutralizes poisons from the blood, produces immune agents to control infection, and removes germs and bacteria from the blood. It makes proteins that regulate blood clotting and produces bile to help absorb fats and fat-soluble vitamins.

In cirrhosis of the liver, scar tissue replaces normal, healthy tissue, blocking the flow of blood through the organ and preventing it from working as it should.

Many people with cirrhosis have no symptoms in the early stages of the disease. However, as scar tissue replaces healthy cells, liver function starts to fail and a person may experience the following symptoms: Exhaustion, fatigue, appetite loss, nausea, weakness and/or weight loss. Cirrhosis may be diagnosed on the basis of symptoms, laboratory tests, the patient's medical history, and a physical examination. A liver biopsy will confirm the diagnosis.

21. STROKE & COMPLICATIONS

A stroke occurs when the blood supply to part of the brain is suddenly interrupted or when a blood vessel in the brain bursts, spilling blood into the spaces surrounding brain cells. Brain cells die when they no longer receive oxygen and nutrients from the blood or there is sudden bleeding into or around the brain.

The symptoms of a stroke include sudden numbness or weakness, especially on one side of the body; sudden confusion or trouble speaking or understanding speech; sudden trouble seeing in one or both eyes; sudden trouble with walking, dizziness, or loss of balance or coordination; or sudden severe headache with no known cause. Includes the three major types of stroke: ischemic, hemorrhagic, and embolic, as well as complications from stroke.

22. HEART & COMPLICATIONS

Heart disease includes atherosclerotic heart disease, and hypertensive vascular disease (including hypertensive heart disease, and hypertension). Ischemic heart disease and coronary artery disease are included within this provision.

Complications of atherosclerotic heart disease are included. Complications may include myocardial infarction ("heart attack"), congestive heart failure ("heart failure"), and arrhythmia ("irregular heart beat").

Hypertensive vascular disease refers to disease associated with elevated blood pressure. Complications caused by hypertensive vascular disease are included. Diseases arising from viral or bacterial causes are not included.

23. OSTEOPOROSIS

Osteoporosis is a disease in which bones become fragile and more likely to break. If not prevented or if left untreated, osteoporosis can progress painlessly until a bone breaks. These broken bones occur typically in the hip, spine, and wrist.

Any bone can be affected, but of special concern are fractures of the hip and spine. A hip fracture almost always requires hospitalization and major surgery. Spinal or vertebral fractures also have serious consequences, including loss of height, severe back pain, and deformity. (requirement of PTSD eliminated 9/28/2009).

POW MEDSEARCH PACKETS

Packet 1~VA Claim Information	\$8.00
Packet 2~Stresses of Incarceration & After Effects Extreme Stress- Covers the after effects on the nerves and body organs	\$8.00
Packet 3~After Effects of Imprisonment-Covers arthritis, alcoholism, visual, ulcers, varicose veins, impotency, brain damage, etc	\$8.00
Packet 4~After Effects of Imprisonment Part 1 - covers the heart, arteries and veins; Part 2 covers cancer	\$8.00
Packet 5~What Every Wife Should Know Before She Is Your Widow - Social Security, insurance, burial procedures, allowances, etc. including what pathologist should look for in an autopsy (includes shipping and handling charge)	\$15.00
Packet 6~Micro-Film Index: Asiatic Theater - Japanese Possible help in locating POW records	\$3.00
Packet 7~Micro-Film Index: European Theater - Germany	\$3.00
Packet 8~The European Story, History of POWs in Germany, and after-effects	\$8.00
Packet 9~The Korea Story, History of POWs in Korea, and after-effects	#9.00
Packet 10~The Japanese Story History of POWs in Japan, and after-effects	\$8.00
	\$10.00
Packet 11~NSO Director Answers Your Questions	\$11.00
Presentation Set~ (Packets 1, 2, 3, 4, 5, 8, 9, 10)	\$60.00
The Modern Day Tragedy~ medical & claims evidence in support of PL 97-37	\$4.00
POW: The American Experience~overview on POW experience; reviews vitamin deficiencies, infectious diseases and service-connected statistics	\$6.00
Map of German POW Camps~shows location of 76 camps	\$3.00
Map of Japanese POW Camps~21" x 32" with camps featured in red	\$4.00
Check packets you wish to order and send, with payment, to: MEDSEARCH 3201 East Pioneer Parkway #40, Arlington, TX 76010	
Name Phone () Address City, State, Zip	
Amount enclosed \$ (includes shipping/handling*) MasterCard and Visa accepted (circle one) (mum charge) Card Number: Expiration Date:	\$5.00 mini-

*Shipping / Handling fees: In U.S.A.; 1-3 packets, add \$6.00; 4 - 6 packets, add \$9.00; 7 or more packets, add \$12.00. In Canada; 1-3 packets, add \$9.00; 4 -6 packets, add \$14.00, 7 or more packets, add \$20.00. Overseas; 1-3 packets, add \$16.00; 4 - 6 packets, add \$22.00, 7 or more packets, add \$30.00

Ex-POW Bulletin Nov/Dec 2010

andersonville



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Over 15,000 Visitors Remember September at Andersonville NHS proved to be one of the most memorable in the history of the park. During an eleven-day period over 15,000 visitors gathered for a variety of events to honor our nation's prisoners of war (POW), missing in action (MIA), and killed in action. One of the highlights of the POW/MIA event was the Vietnam Traveling Memorial Wall, a 3/5 scale model of the Vietnam Veterans Memorial in Washington, D.C. Among the visitors to the Wall were 1,221 school students.

American Ex-Prisoners of War (AX-POW) members also played an integral role in the event. On Thursday, September 23, members kicked off the 2010 national convention with a memorial ceremony in front of the POW Guest House. The volunteer quarters were furnished by the Georgia Department of AXPOW during the 1990s. Many AXPOW members also attended earlier activities in association with National POW/MIA Recognition Day including the Opening Ceremonies, a POW Recognition Ceremony, MIA Remembrance Ceremony, Heroes Dinner, and a Candle-

Ex-POW Bulletin Nov/Dec 2010 14 light Ceremony. We were honored to have over 300 former prisoners of war with us during the September events.

Andersonville staff and volunteers also traveled to Albany, Georgia for the national convention. Superintendent Brad Bennett spoke to the group and retired Chief of Interpretation and Resource Management and park volunteer Fred Sanchez conducted oral history interviews to be archived at the National Prisoner of War Museum.

We are grateful for the continuing partnership between AXPOW and Andersonville NHS. AXPOW members donated another \$3,000 dollars at the convention to help fund the fabrication of the traveling exhibit "Victory from Within: The American Prisoner of War Experience." At this writing, the POW Traveling Legacy account is now over \$38,000! Combined with the Friends of Andersonville's contribution of a \$62,000 bequest, we have now topped \$100,000! We are closer than ever to our goal of \$136,000 but please keep in mind that another \$36,000 needs to be raised by November 12, 2010 to match the \$136,000 in federal dollars requested and received by the National Park Service. Construction of this 50/50 public-private partnership project cannot begin without the grand total of \$272,000 in hand.

POW/MIA events concluded on September 25 with closing ceremonies for the Vietnam Traveling Memorial Wall. Four soldiers from Macon County, Georgia were honored at the ceremony and their families recognized and presented with a red carnation.

Captain Bill Robinson, former prisoner of war in North Vietnam and a member of American Ex-Prisoners of War, delivered the keynote address. Our thanks to AXPOW for your support! We also thank the Friends of Andersonville, Rolling Thunder, and Georgia Southwestern State University for their sponsorship of POW/MIA events at Andersonville NHS.

Update: "Victory from Within: The American Prisoner of War Experience".

On October 25, 2010 Andersonville National Historic Site received preproduction documents from Museum Design Associates. This is the final step in exhibit design. Once the planning documents are approved, we move into the fabrication phase of the exhibit.

All donations are tax deductible. Please make checks payable to POW Traveling Legacy and send to: Friends of Andersonville, P.O. Box 186, Andersonville, GA 31711.



Captain Bill Robinson, U.S. Air Force (retired), speaks at closing ceremony of the Vietnam Traveling Memorial Wall.

AXPOW at Andersonville!

The National Convention's Opening ceremonies were held at Andersonville National Historic Site, with dignitaries Marvin Baugh~Mayor, Superintendent Brad Bennett, loads of PNCs and all our members. It was a first visit for some; the first time back for others.



andersonville coordinator



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POW Traveling Legacy

Donations havebeen coming in fast and furious – and a big round of thanks goes to AXPOW's members! Many of you participated during the "Pass the Ranger's Hat" at the National Convention, leaving us with a small balance of \$35,000 to raise to begin the next phase. I'd also like to give special recognition to the Dept. of Ohio, the Ohio Chapters and Ohio members for their efforts and donations.

I'd be remiss if I didn't give a big thank you as well to AXPOW's Board of Directors. At their midyear meeting in Arlington, Texas, they gave \$400 to help fund the exhibit.



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namPOW news



Paul E. Galanti National Director, East Central 804.389.1668 (cell) p.galanti@verizon.net

A Vietnam POW's first visit to the Hallowed Ground of the Andersonville National Historic Site.

Vietnam and other Prisoner Experiences Compared by using the National Park Service's web site as an outline. I've attempted to inject personal thoughts from having spent nearly seven years in the North Vietnamese prisons by speculating on what those of other generations have endured. My personal remarks will be written in italics. The remainder of this article has been dictated into my iPhone through a sophisticated program called Dragon dictate. I'm going to try and re-create my thoughts verbally as I made my first visit to the Andersonville POW Museum and national site.

It's going to be an interesting exercise since it's made no spelling errors at this time which is quite different from my own personal typing skills!

Sacrifice and Courage

From the Revolutionary War to Operation Iraqi Freedom, American prisoners of war have endured untold hardships, and shown tremendous courage. Andersonville NHS commemorates the sacrifices of

Ex-POW Bulletin Nov/Dec 2010 16 these brave Americans through exhibits in the National Prisoner of War Museum; preserves the site of Camp Sumter (Andersonville prison); and manages Andersonville National Cemetery.

Examples of courage and sacrifice are quite numerous - so numerous in fact it's very difficult to quantify them. The courage of an individual facing up to an irate camp commander sets a very high bar for courage yet it was done quite often to gain favorable treatment for other prisoners who needed special help.

The sacrifice of giving up one's own rations for another who is near death from starvation has been recorded many times.

This is probably universal in every prisoner of war camp that was ever created.

Andersonville Prison (Camp Sumter)

Camp Sumter, commonly called Andersonville, was one of the largest military prisons established by the Confederacy during the Civil War. In existence for 14 months, over 45,000 Union soldiers were confined at the prison. Of these, almost 13,000 died from disease, poor sanitation, malnutrition, overcrowding, and exposure to the ele-

ments. The largest number held in the 26½-acre stockade at any one time was more than 32,000, during August of 1864. Today the beauty of the prison site belies the suffering that once took place inside the stockade.

Massive numbers in filthy conditions vs. a comparative few being held in solitary and isolation for years with frequent torture and beatings/

National Prisoner of War Museum

The 1970 legislation which established Andersonville National Historic Site instructed the park "to interpret the role of prisoners-of-war camps in history" and "to commemorate the sacrifice of Americans who lost their lives in such camps." To that end, the exhibits in the National Prisoner of War Museum serve as a memorial to all American prisoners of war. The museum opened in 1998 and is dedicated to the Americans who have suffered as POWs.

Interesting displays of artifacts and presentations intermixing different eras. The prisoner of war museum is an incredibly interesting place to visit especially for former prisoners of war. Its only bad point is that it's located so far off the beaten track it is difficult to get to or otherwise its attendance would be much greater.

Commemorative Coin Program

Public Law No: 111-262. There are five U. S. Army 5-Star Generals who will be honored with the upcoming commemorative coin program: George Marshall, Douglas MacArthur, Dwight Eisenhower, Henry Arnold, and Omar Bradley. The authorizing legislation states that the design of the coins shall include portraits of all five of the 5-Star Generals.

The program includes \$5 gold coins, \$1 silver coins, and half dollar clad coins to be released during 2013.

Maximum authorized mintages are also established for not more than 100,000 of the \$5 gold coins, 500,000 of the \$1 silver coins, and 750,000 of the half dollar clad coins. Both proof and uncirculated versions of the coins would be available, with at least one U.S. Mint facility used to strike each version. The release of the coins will also coincide with the celebration of the 132nd anniversary of the Founding of the Army Command and General Staff College. Surcharges added to the cost of each coin would be distributed to the Command and General Staff College Foundation to help finance the College.

pow-mia



PNC John Edwards Chairman 889 Randall Road Niskayuna, NY 12309-4815 (518) 393-3907 phone & fax

AMERICANS IDENTIFIED

There are 1,708 Americans listed as missing and unaccounted-for from the Vietnam War. The Defense POW/ MIA Office (DPMO) posted the news that the remains of three US personnel had been recovered and are now identified. Air Force Major Woodrow W. Vaden, Tennessee, was listed KIA/ BNR on December 10, 1964, South Vietnam. His remains were recovered July 18, 1984 and identified August 11, 2010. Also announced were Army Master Sergeant Charles V. Newton, Texas, and Sergeant First Class Douglas E. Dahill of Ohio, both listed as MIA on April 17, 1969 in South Vietnam. Their remains were recovered November 11, 1991. MSGT Newton was identified June 18, 2007 and SFC Dahill was identified October 3, 2008. Others have been identified, but not yet announced by DPMO as they are awaiting family notification by the Service Casualty Offices. The number of Americans returned and identified since the end of the Vietnam War in 1975 is now 875, though another 63 US personnel, recovered post-incident and identified before the end of the war, bring the total to 938. Of the 1,708 unreturned veterans, 90% were lost in Vietnam or in areas of Laos and Cambodia under Vietnam's wartime control: Vietnam - 1,307 (VN-478 VS-829); Laos - 335; Cambodia - 59; Peoples Republic of China territorial waters - 7. Over 450 were over-water losses.

SOLDIERS MISSING FROM KOREAN WAR IDENTIFIED

The Department of Defense POW/Missing Personnel Office (DPMO) announced the remains of U.S. servicemen, missing in action from the Korean War, have been identified and are being returned for burial with full military honors.

- 1. Cpl. Frank H. Smith, U.S. Army, of Liverpool, N.Y.
- 2. Sgt. Charles P. Whitler, U.S. Army of Cloverport, Ky.

The excavation team recovered human remains and other personal artifacts, ultimately leading to the identification of seven soldiers from that site, one of whom was Whitler.

More than 2,000 servicemen died as prisoners of war during the Korean War. With this accounting, 8,022 service members still remain missing from the war.

MISSING WWII SOLDIERS ARE IDENTIFIED

The Department of Defense POW/Missing Personnel Office announced that the remains of U.S. servicemen, missing in action from World War II, have been identified and are being returned for burial with full military honors.

1.Pfc. James C. Konyud, U.S. Army, of Cleveland, Ohio.

2.Sgt. Edward T. Jones, U.S. Army, of West Pawlet. Vt

3. Army Private First Class Lawrence N. Harris, of Elkins, W.V.

4. Corporal Judge C. Hellums, of Paris, Miss.

More than 400,000 of the 16 million Americans who served in World War II died. At the end of the war, the U.S. government was unable to recover, identify and bury approximately 79,000 Americans. Today, more than 72,000 remain unaccounted-for from the conflict

NATIONAL POW/MIA RECOGNITION DAY

Secretary of Defense Bob Gates and Vice Chairman of the Joint Chiefs of Staff General James Cartwright, USMC, hosted the national ceremony at the Pentagon. Secretary Gates' remarks reiterated DoD's commitment to the issue, reassuring all present that "their country's efforts to get them home will never cease," adding that DoD's "commitment to prisoners of war, the missing and their families is deep and abiding." General Cartwright's focus was also on assurances of continued effort and commitment. The Missing Man Flyover was said to be spectacular and impressive.

PENTAGON UNVEILS HALL HONORING POWS AND MIAS

A new Pentagon display honors prisoners of war and those missing in action from all conflicts.

The display, dedicated September 15th, is in a corridor on the third floor. It has been added to the Pentagon's public tour route where thousands of visitors and more than 23,000 Pentagon employees may view it.

:America is among a handful of nations committed to finding and bringing home those lost and former battlefields or isolated burial sites," Michele Flournoy, the undersecretary of defense for policy, said at the dedication ceremony. "

Veterans, families of the missing and former POWs who were invited to the dedication viewed the panels depicting aspects of the American POW and MIA experience.

The display also features artifacts found during excavations for wartime remains, as well as POW memorabilia and examples of grassroots efforts by MIA families to draw national attention to the issue.

MISSING/CAPTURED

US Service members reported missing or captured while supporting combat operations:

Army Pfc. Bowe R. Bergdahl, 24, June 30, 2009, Afghanistan

Army Staff Sgt. Ahmed K. Altaie, 45, Oct.23, 2006, Baghdad.

civilians



Sally Bateman Morgan Chairman 3201 E. Pioneer Parkway, Suite 40 Arlington, TX 76010 817-649-2979 817-649-0109 fax axpowqm@aol.com

Word of Mouth - Books to share.

By: Sascha Weinzheimer Jansen BACEPOW Board Member American Ex-POW Member Mabuhayma@aol.com

Through My Mother's Eyes By Michael McCoy with Jean Marie Heskett Strategic Book Publishing Co.-NY, New York

Meant to be a factual account of the perils, misadventures and Eloise type imagery of a 6 year old girl child as she enters the gates of Santo Tomas, the author turns this biographical tale of WWII in the Philippines into a deep, deceiving sink hole of fiction. Watch your step!

I do not altogether fault the author, McCoy, in this often startling tale of hurling stories of untruths set through the dates of January, 1942 – April, 1945. After all, these tales of intrigue were dictated by his mother to her son to tell her "own" account of the war. Michael McCoy, with his mother, Jean Marie

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Faggiano Heskett, had a great collaborative idea how to tell a good story. However, the stories are too good in part telling the reader more than meets the eye. If these two writers could just relate real stories without peppering the truths with legendary fabrications, they would really have a masterpiece of adventure. As a son, McCov trusted his mother. However, as a journalist he failed to verify his material, therefore showing the reader his great lack of integrity as a writer. Any journalist has an obligation to his public to tell the truth, especially if the material is touted as a "personal memoir."

Heskett relates that when the camp Commandant Hayashi, had taken the Education Building and its prisoners hostage, the U.S. command was looking for an interpreter to coach hiding Jap snipers from existing bomb shelters. General Chase chose little 9 yr. old, Jean Marie to be the interpreter.

According to the book, she offered her linguistic services to the General, as she spoke some Japanese and was willing to help. Being as the General had "no other interpreters," he gladly accepted the offer and pressed her into service to coax the Japanese snipers to surrender and come out of the shelters. After she poked her head in the shelter, she pleaded for the enemy to come out. She understood them to say to each other that they would die rather than surrender. After she told the General what she heard, the GI's grabbed their flame thrower, pointed the nozzle into the pit, and, "Blooey," charred Yakitori!

The truth of the matter was this: General Chase traveled with a Nisei, Sgt. Kenji K. Uyesugi, G-2, 1st Brigade, Division Headquarters. A very little known fact to the general public, the Nisei contingency of G-2 of Military Intelligence Japanese, were a group in the war kept under wraps for the most part not want-

ing the enemy knowing of their existence. There were ten Nisei G-2 interpreters assigned to one Army Division. Sgt.Uyesugi, another Nisei G-2, T-3 Tad (Tadashi) Nomura, and our very own British Santo Tomas Internee/Japanese interpreter, by the name of Earl Stanley, with another prisoner, Frank Carey, were always with General Chase and Colonel Brady from the time the First Cavalry entered the camp compound.

(General William Chase made General because of his intelligence, competence, vast knowledge of Military tactics, and full comprehension of his duties as a high ranking officer. To sully his good name and competence by writing these falsehoods is a travesty to his good reputation and to the integrity of the First Cavalry Division. To use flame throwers in camp would be endangering innocent lives in close quarters. No Japanese were outside the Ed Building in shelters during this two day siege.)

In another unbelievable maneuver by the story telling principle in this book, is the tale of the total obliteration of eight British and Australian women prisoners who were in the main building sipping tea during the infamous shelling of the camp. There they were at tea time, contently savoring the welcomed brew, when "Blooey," they were blown to smithereens by an incoming shell, "hide and hair splattered to kingdom come." All dead, known by little Jean Marie. (And, it seems, only Jean Marie)

This devastating incident never happened! Killed in Action, due to February mortar fire resulting in the death of eleven men and six women listed by name in Fred Stevens book, Santo Tomas Internment Camp, showed no such atrocity of British women.

I am surrounded by many internees and POWS today in a gigantic network of people who know their

civilians continued...

history of the war in the Philippines. We were there! This book of fiction, masquerading as fact, is making the rounds and the bamboo telegraph is in NASCAR overdrive. Most importantly, none of the incident of eight women being blown up is in print.

In a chapter describing her voyage to freedom, she tells the reader she was on the SS Admiral Capps. Then in a disturbing flamboyant account, she relates to her unsuspecting son/author, that the Admiral Capps and the rest of the ships in the convoy were attacked by Kamikaze planes! Ayamatta! Ayamatta! Takusan no kaze!

This book reviewer and family were all on the Admiral Capps. I was twelve years old and will tell you unequivocally that we were never attacked by a single Kamikaze plane during any part of our trip. We have other former prisoners who can verify this story as they were also passengers on the Capps. Here again, is another demonic lie from Heskett who wishes to turn the spotlight on herself as yet another victim of war atrocities that never happened, thus changing our history of the Pacific war altogether.

An astounding account of little Jean Marie at 6 yrs of age suturing wounds of wounded American soldiers in her living room was laughable at best. She claims that upon the bombing of Clark Field by the enemy, her father got in his car and drove to the base to pick up wounded soldiers to care for them at their home on Del Pilar Street. Now for those uninitiated, Del Pilar Street is in the city of Manila. Clark Field, in those days, was a two hour drive from the city. As the soldiers were wounded by bombings they were promptly taken to military facilities to be taken care of - not waiting around for a ride to someone's living room almost two hours away!

The massacring of priests in the Seminary Building of Santo Tomas never_happened. Everyone knows this. The direct slapping around and physical abuse of her mother by Japanese guards at Roll Call is yet again more distorted and disturbing lies foisted upon the public, as claimed by the author's older brother who was also in Santo Tomas.

Well, you get the picture. There are many more unbelievable, disturbing passages, out and out lies, and "facts" in this otherwise pretty believable account of one family's story.(If they would only stick to reality) Shame! Again, one does not need to resort to subterfuge to tell a good story – duping the public will have us dining out on this meal for a long time to come. Please, pass the Grey Poupon!

Note: I had the opportunity to speak with the author. McCov. via e-mail, about the reliability of his book and his mother's story. Pointing out the obvious, unbelievable behavior of Gen. Chase and the 1st Cavalry asking a 9 vr. old to stick her head in a shelter full of Jap soldiers, thereby placing the child in danger, didn't seem to shake the author or change his mind. I brought up other passages in the book to ponder, relating the obvious untruths of many stories, stating that many of us who were in camp can refute her statements. I then urged him to face realities and ask his mother's brother for the real facts. When I spoke to the brother. he told me that, either Heskett or McCoy ever consulted him on the book. He had no idea that the book was written until I mentioned this to him.

BACEPOW rejects this shameful book as a false representation of a true American Historical experience of thousands of civilian prisoners of the Japanese during WWII.

K_{id} of $E_{x\text{-POW}}$ Needs H_{elp}

Filmmaker Jan Thompson has a commitment from celebrated actor Alec Baldwin to narrate and voice characters in her two documentaries.

The first is *The Tragedy of Bataan*, a 30-minute television documentary and a companion five-part radio series. Together, they chronicle the fall of the Philippines and the Bataan Death March in the early months of World War II.

Never The Same is a feature length documentary about the survival and experiences of American prisoners of war in the Far East during World War II.

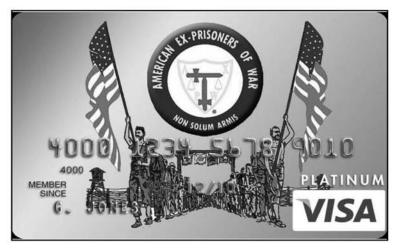
Jan's Dad was surrendered on Corregidor and survived the infamous "Hell Ship" the Oryoku Maru. She has been working on these projects for nearly two decades and now is seeking donations for finishing funds for both projects. Money donated will be tax-deductible. She is presently in negotiations with PBS as the network to air these two projects.

If you have any interest or questions you can contact her at:

Jan Thompson 3156 Myers Lane Makanda, IL 62958 Ph: 618-549-5418 JanIThompson@gmail.com

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Your Stories

Day is done
By Jerry Gould
Originally published in the
Grenade.

The Service Club of Indianapolis is a 90 year old organization, unique to our area. It was started by WW1 veterans, and continues to this day. Our membership still has many WW2 veterans, some of whom were POWs, though the number is dwindling. Our average age is over 80.

The Grenade is published weekly to cover activities of our club which meets weekly. I have the privilege of being the current editor.

It was a hot muggy late July morning, with temperatures already at ninety degrees with matching humidity even though it was only 8:30. The hired van arrived at the hotel and was boarded by family members, widow, children, grandchildren, nieces and nephews and brothers-in-law. The destination was Arlington National Cemetery for the burial of yet another World War II Veteran; another of the nineteen year olds of yesteryear who went off to war to places known only through their geography lessons.

As a replacement for troops who battled their way across Normandy and were wounded or killed, this young Corporal's combat experienced ended abruptly when his unit was overrun at the Battle of the Bulge and he was taken prisoner. He was quickly crammed into a cattle car with

other POW's, with no room to sit or lay down. The train headed toward its final destination near Frankfurt - Bad Orb and Stalag 9B. At one point the train pulled off onto a siding where it was strafed by Allied fighters intent upon destroying the German transportation system, obviously unaware that the train had human cargo, their own brothers-in arms, aboard. Several American soldiers died that day. Some might say the luck of the draw.

The funeral cortège, lead by the hearse bearing the flag-draped coffin, drove past acres of identical gravestones standing at attention, row by row, each with their own story to tell. It came to a stop at the section where the burial was to take place. The Army Burial Team, in full dress blues in spite of the torrid heat, were quietly called to attention by the Staff Sergeant squad leader, and marched to the rear of the hearse. where with practiced precision they removed the casket from the vehicle. The Chaplin accompanied the team of six bearers, two members of the Arlington staff and a docent. Executing a squad left, they marched the coffin to the gravesite and placed it on the lift used to lower it to its final destination. The team remained at attention and at command raised the flag off the coffin holding it stretched taut at waist height, as if to shade the casket from the intense heat. The family was escorted to their seats and the Chaplin began the service. The soldiers remained at attention with perspiration dripping from their upper lips, yet they made not a move or changed their stoic expres-

At the conclusion of his words, an unobserved sign was passed to the rest of the squad-sized honor guard who were assembled across twenty or so rows of the identical headstones. They raised their rifles, fired a four-volley salute and then lowering their weapons to port arms after each discharge. At the conclusion of the firing, from an adjacent hill on the opposite side of the gravesite, the quiet notes of Taps were heard, played by a solitary bugler, a serenade those headstones have heard countless times.

At the conclusion of this tribute to the fallen, the team, with a practiced flourish, reverently folded the flag, passed it down the line and presented it to the squad leader who in turn presented it to the widow, expressing his regrets and the honor of their participation.

There are twenty-three of these ceremonies that take place each and every weekday for qualified veterans and their wives. If this particular ceremony was any measure, they are not done perfunctorily but with the highest degree of dignity and respect as if this was the only ceremony taking place that day.

The family gathered afterwards to celebrate a life well-lived by a man, like so many others, who never until quite recently discussed his wartime experiences, especially his imprisonment,. Rather, he attempted to live his life to the fullest knowing of his good fortune to be a survivor.

Late that night several family members took the Metro from the hotel to the Washington Mall to visit the World War II Memorial. While it was still very warm, the cloudless full moon-lit night, gave a somber but reverent quality to this beautiful monument. Strolling through the state identified columns offered a reminder that this had truly been a conflict that involved the entire nation. The Gold Star wall was a grim reminder of the price paid by so many.

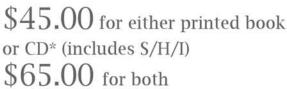
The Corporal interned that day was my brother-in-law, Dr. Mervyn Kipnis.

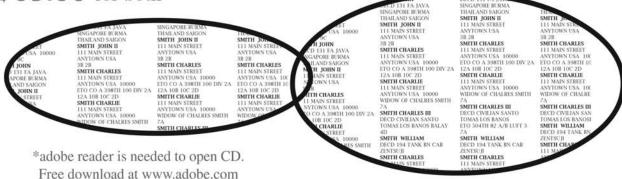
Ex-POW Bulletin Nov/Dec 2010





We've included all current members (as of July 1, 2010) as well as information on deceased members that we have on file. 412 pages.





News Briefs

US Government Accountability Office

The U.S. GAO is investigating longterm care neglect and abuse at State Veterans Homes and VA Community Living Centers. If you have information regarding neglect or abuse in State Veteran Homes or VA Community Living Centers, please e-mail:

vetnursinghomeabuse@gao.gov.



Vermont Chapter #1 News

Plaque presented to Jim Brouillette at the annual banquet, in appreciation for 25 years' dedication to Vermont Chapter #1 members.





Jim Brouillette, left, receiving plaque from Richard Hamilton, Com-

mander of Vermont Chapter #1, Senior Vice Commander, Bill Busier, right...

Vt Ch 1 Picnic: 2010 Annual Vermont Chapter #1 Picnic. Shown from left to right, Francis Angier, Richard Hamilton, Tullio Zampieri, Harry Howe, Clarence DeGrave.



New Jersey News

And the Race is On!...from Rose Tedesco

New Jersey AXPOW members Aldo Freda, Jim Mikusi, Bunny Feldman, Norm Feldman and Rose Tedesco volunteer their time to brighten the lives of hospitalized veterans.

We meet the fourth Tuesday of the month - alternating between the



nursing home and the dementia unit. Using actual tapes of horse races, we provide them with programs and they circle their choice to win. Winners are given coupon books to use for purchases in the canteen.

Its so rewarding to see their faces light up as we walk in, and as we leave they clap in appreciation.

VA Begins Paying Benefits for New Agent Orange Claims

The Department of Veterans Affairs (VA) has begun distributing disability benefits to Vietnam who qualify Veterans compensation under recently liberalized rules for Agent Orange exposure. Up to 200,000 Vietnam Veterans are potentially eligible to receive VA disability compensation for medical conditions recently associated with Agent Orange. The expansion of coverage involves Bcell (or hairy-cell) leukemia, Parkinson's disease and ischemic heart disease.

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Replacing Military Medals

Medals awarded while in active service are issued by the individual military services if requested by veterans or their next of kin. Requests for replacement medals, decorations, and awards should be directed to the branch of the military in which the veteran served. However, for Air Force (including Army Air Corps) and Army veterans, the National Personnel Records Center (NPRC) verifies awards and forwards requests and verification to appropriate services.

Requests for replacement medals should be submitted on Standard Form 180, "Request Pertaining To Military Records," which may be obtained at VA offices or the Internet at www.va.gov/vaforms/.

Forms, addresses, and other information on requesting medals can be found on the Military Personnel Records section of NPRC's Web site at www.archives.gov/st-louis/military-personnel/index.html. For questions, call Military Personnel Records at (314) 801-0800 or e-mail questions to: MPR.center@nara.gov.

When requesting medals, type or clearly print the veteran's full name, include the veteran's branch of service, service number or Social Security number and provide the veteran's exact or approximate dates of military service.

The request must contain the signature of the veteran or next of kin if the veteran is deceased. If available, include a copy of the discharge or separation document, WDAGO Form 53-55 or DD Form 214.

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Committee Notes

From Choir Director Deanie Schmidt:

THANKS TO OUR NEXT-OF-KIN The Next-of-Kin Chorus which entertained their parents at the National Convention in Albany, GA turned out to be a successful venture

Director Deanie Schmidt, who made this happen, wants to thank all who participated in the first chorus. They all had a blast and Deanie was happy to have such a lively group willing to sing their hearts out and have such fun doing it. It is rumored that next year's convention in Dayton will have another chorus sing music from the 50's. There 18 singers Commander's Reception and, who knows, maybe next year we'll have even more to entertain their parents.

From the NOK Committee:

It was so good to see everyone at Albany, and those of you that didn't go you really missed a good time.

We are starting a new committee this year NOK Committee (as of now right now that is our title). I was asked to be chairperson for this new committee and I am very excited about it.

One of our main objections is to help all of our next of kin to become familiar and become a part of the American Ex-Prisoners of War.

We as NOK do not want to take over the organization, we simply want to be a part of this Great organization. I know I am one of the few NOK that was blessed to have been raised in this organization. It is my second family, and I wouldn't trade it for the world.

You that have not been raised in it, we want to extend a hand, and help you to love this organization as much as some of us do.

This last convention, ND Deanie Schmidt, took some of us NOK, and actually made a chorus out of us. Not sure how she did it.

We had the best time. We were the entertainment for the Commanders Reception, and I really do believe it was one of the best times we have had in a long time. I know Zack, we still owe you an Andrew Sisters song.

The more serious side of our committee will be to help out the POW's where ever that might be. We all know none of us are getting younger, and as time goes on we will need to play a bigger part of doing the business part of the organization. Right now there are 15 NOK members on the board serving in different positions. We are doing this to help our POW's. We would very much like for you join our group.

If you don't know if you qualify as Next of Kin (NOK), if you are a spouse, child, grandchild or a spouse of any of these you are a NOK. There are 4 people that have been appointed by our Commander to be on this committee, and then there are 4 or 5 other NOK ladies that have volunteered to help us. I would love to hear from anyone that has ideas on things they would like to see done that would help anyone, especially that is coming for the first time, know more about the organization, and most of all feel comfortable and part of the group. We need so ideas on things that would be entertaining, things you would like to see or do while at the convention.

If I can answer any questions for anyone about the organization or the NOK Committee please feel free to call me or email me.

Pam Warner Eslinger, National Director-SC Home phone 580-473-2783

Email: elib@hammon.k12.ok.us

Committee Notes, continued

From the ByLaws Committee:

All requested changes to the National Bylaws are to be submitted as follows:

Resolutions have two major parts: a preamble and a resolution. The preamble gives the reason for the resolution. The resolution gives the intent. Each can contain one or more paragraphs and the whole is read in its entirety, beginning with the preamble. Each preamble paragraph begins with "Whereas" and ends with "and" to connect it to the next paragraph. The final paragraph is joined to the resolution with a semicolon and followed by the phrase "Therefore, be it"

Whereas, (ETC); and Whereas (ETC); therefore, be it Resolved, that _____

One signature is required on resolutions and amendments. Members are reminded that resolutions must be submitted to the committee before Feb. 1, 2009. Those requesting changes should include a telephone number where they can be reached if more information is needed. Send requested changes to: Clydie Morgan, Chairman, 3201 E. Pioneer Pkway, Suite 40, Arlington, TX 76010.

From the Strategic Planning Committee:

All members are encouraged to send in your ideas for the national organization. They may be ideas to help the organization's finances, long-term planning or operations. Please send your thoughts to ND Lew Sleeper, 6636 E Villa Dorado, Tucson, AZ 85715; 520-751-9628; sleepjl@aol.com.

From the Awards Comittee:

Do you know a member who has done an outstanding job for AX-POW? Or a non-member who always gives that extra bit to help ex-POWs? Submit their names and give a short explanation of why you think they should receive an award. Send in your requests to ND Bill Jeffers, 3522 Milbrook Way Cr., Green Acres, FL 33463. 561-969-6036.

From the Outreach Committee:

Join the Outreach Committee! Positions are open to all who are willing to reach out to help former POWs and their dependents receive the VA benefits due them. No salary. Volunteers are paid in gratitude, thanks and smiles from those they help. Contact Chairman Fred Campbell for details. 3312 Chatterton Dr., San Angelo, TX 76904; 325-944-4002.

From the Editor:

2011 schedule of Bulletin deadlines Jan./Feb. issue due Dec. 1.
March/April issue due Feb. 1.
MayJune issue due April 1.
July/Aug. issue due June 1.
Sept./Oct. issue due July 25.
Nov/Dec. issue due Oct 1.

If you have questions for any committee, please address them to the committee chair.

2011 HOLIDAY SCHEDULE

All AXPOW Offices will be closed on the following dates:

New Years Day January 1 MLK/Civil Rights Day January 17 Presidents Day February 21 Midyear Meeting March 25-27 Memorial Day May 30 Independence Day July 4 Labor Day September 5 National Convention Sept. 11-18 Columbus Day October 10 Veterans Day November 11 Thanksgiving November 24-27 Christmas December 25-31

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Committees 2010-2011

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DeMent, Ed

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Harvey, PNC Gerald

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Morgan, Sally Cerbone, Cheryl Gollin, Alice

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DeMent, Ed

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Drummond, Dave

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Campbell. Fred

VA VOLUNTARY SERVICE

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OUARTERMASTER

Morgan, Sally

Coke, Marsha

WASHINGTON DC SPECIAL EVENTS

Barker, NC Morris



AMERICAN EX-PRISONERS OF WAR VOLUNTARY FUNDING PROGRAM

The AXPOW Voluntary Giving Program parallels that of other VSOs, whereby the entire membership, including life members, is given the opportunity to contribute to the operation of our organization, based on ability and willingness to contribute.

All contributions are to be sent directly to National Headquarters to be used for the operation of the organization. A complete accounting of contributors will appear in the Bulletin each month.

I am enclosing my contribution to support the operation of the American Ex-Prisoners of War.

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American Ex-Prisoners of War Website Biography www.axpow.org

If you are not a current member of AXPOW, you must submit documentation of your POW status. Name Nickname Address Telephone City/State/Zip Email Conflict and Theater of Operation Branch of Service Unit Where were you captured? Date captured POW camps you were held in How long were you a POW? Date liberated Medals received Job in the military After military service

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Biography: (please type or print)

Submit 1 or 2 photographs (color or black and white).

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Please include your check for \$65 payable to AXPOW. If you have any questions, please contact Clydie Morgan, National Adjutant, at 817-649-2979; HQ@axpow.org

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new members

National Headquarters 3201 East Pioneer Parkway, Suite 40 Arlington, TX 76010; (817) 649-2979 Marsha.Coke@axpow.org



New Annual Members Labor Camp Adorf Welcome Home!

Robert R Max Summit NJ 6 Armrd Inf 3 Army Slave Laborer, 12A 1/4/45-3/31/45

New Life Members Welcome Home! *denotes new member to AXPOW

Dorothea Meads 39682 Ocean City MD Widow of Norman E Meads Nurnburg 13C 7A

Lawrence J Prince 39683 Niles OH 454 BG 738 BS 13 7A Luft 4

Hilda A Veit West Bend WI Widow of Clarence A Veit Luft 4 12D 4F

Perry McDonald Walker 39685

Leland NC 24 Div Camp 1 4/27/51-8/13/53

Daniel S Bolinski 39686 Orlando FL 465 BG 783 BS Luft 1

Ruby D Catoe 39687 West Columbia SC Widow of William Catoe 12A 4B 4C

Roy F Hopper 39688 Albuquerque NM CO L 357 Inf 90 Div

Norfolk VA 3 Army

39690 James D Reily Langhorne PA 15 AF 451 BG Luft 3 13D 7A

Joyce Williams 39691 Beaverton OR Widow of Henry Williams Zentsuii Hirohata

Thelma V LaHeist 39692 Tulsa OK Widow of Vernon LaHeist Bilibid Cab. 3 Mukden

Maria Romero 39693 Canoga Park CA Widow of Frank Romero 2B

Lawrence R Wester

39694 39684 Lady Lake FL 8 AF 351 BG 511 BS

> Esther C Smith 39695 Harrisburg PA Widow of Jean C Smith 12 4B 3C 7/8/44-3/1/45

William C Holmes 39696 Milwaukee WI 15 AF 484 BG 825 BS Frankfort Nurnburg

7A 2/6/45-5/45

Robert Harry Stumpf

39697 Catonsville MD 168 Inf 34 Div Kasserine Pass 7A 3B 3A

Arthur D Dockery 39689 L Michael Simpson

Dallas TX

Son of Ira Simpson ETO

39698

Catherine E Baldwin

Richland WA Widow of Robert Baldwin

Luft 3 7A 8/22/44-6/15/45

Annette Portaro Smith 39700

Brownsville PA Daughter of Benjamin Portaro, ETO

Deb Wells *39701 Greensboro NC Daughter of James Wells,

Tammy Musshafen

*39702

BREAKFAST

FOR ME!

RUNDOWN? TIRED OF EATING?

TRY THE AMAZING NEW KRIEGIE-KRUNCHIES. THE READY-TO-EAT CEREAL THAT ADDS LIFE TO

Chotaw OK Daughter of Warren Ledbetter

Deborah Richardson *39703

Billings MT

Daughter of Frank Stoltz, **ETO**

Willie J Lewis *39704 39705 Della P Madison WV 920 AFA 39699 Suan Mining Camp, Nodong Jagu

> Gail C Selby Odessa Fern *39706 39707 Mustang OK Brother of Charles Selby, Korea

Willard M Sherman 39708 39709 Frances Southampton MA 449 BG 719 BS Alexandria Romanian Hospital Bucharest

Albert J Richards Jr Mary E 39710 39711 Louisville KY 8 AF Luft 4

Donald J Kropp Corine A 39712 39713 Bella Vista AR 35 Div 320 Inf CO C Marched

Jack Warren Courtin Evelyn H 39714 39715 Albuquerque NM **USAF** Bucharest Romania 4/4/44-9/20/44

George Smith Lillian 39716 39717 Lebanon TN 8 AF 446 BG 705 BS

17B

29

LAGGING APPETITES ... GETS YOU READY FOR THOSE LAPS AROUND THE COMPOUND. **Ex-POW Bulletin** KRIEGIE & KRUNCHIES Nov/Dec 2010

Members' forum

Defense of Our Country

Part of the mission statement of the American Ex-Prisoners of War is keeping our country's defenses strong.

May I suggest that as we foresee a more active role of our descendants in the functioning of our organization that we put our mission of national defense up to #1 priority? If we are to avoid wars in the future, we need to make certain that our children and grandchildren will carry on educating the public of our mission of obtaining and implementing national peace.

As ex-prisoners of war, we know full well the horrors of war. We treasure peace above all else.

Learning from history, we should recall that our country, before WWII fostered the largest number of peace organizations ever. We thought that after WWI, no one would want another war. We let our defenses down.

You can look at the empires of Genghis Kahn, Alexander the Great, Julius Caesar and many others in which centuries of peace and prosperity reigned, because they maintained the most technologically and powerful military force.

Let us also think about how many empires rose and fell in the Middle East.

Ex-POW Bulletin Nov/Dec 2010 30 Civilization first began in the Middle East around 3000 BC. It consists of Turkey, Jordan, Israel, Lebanon, Syria, Palestine, Saudi Arabia and other countries of the Arabian Peninsula.

Three thousand years ago, in Egypt, the marshlands began to dry up: the people needed organization to cultivate the land along the Nile. King Menes emerges. As pharaoh, he is a god on earth, Egypt flourished, becoming more and more civilized. It was the first great empire. Simultaneously, Mesopotamia did the same. Other nations began to emerge; then the great Persian Empire entered the scene. The shift of power becomes more and more complicated, including the domination of the Israeli empire. We see the rise and fall of the Greek and Roman empires. If we investigate the rise and fall of these empires, we find great religious strife between Christianity, Islam, Jews and even strife among each religion, such as the Sunnis and the Shiites, and the Catholics and Protestants. Thus, history demonstrates that the Middle East is intractable, and has only had period of peace when

one great empire stabilizes the government of the people.

Even this is no guarantee of longterm peace, as we see the constant rise and fall of empires in the Middle East. To learn from history, the USA should limit its stay in the Middle East. It may be ok to stamp out tyrants like Osama Bin Laden and Saddam Hussein, but then get out of there. After all, who needs an extensive military supply line on the other side of the world? Let's concentrate on power within USA.

Thus, if you want world peace, you maintain the strongest and most technologically advanced military force in the world and are ready to defend your country, and be ready to put down any emerging evil force that might threaten your freedom. Freedom is not a universal value. Neither is peace. Power is. We must always organize to preserve our freedom. Just remember the hordes of barbarians who swept over the Middle East with super steel armor, horses and spears to dominate and create their own empire, either for good or evil.

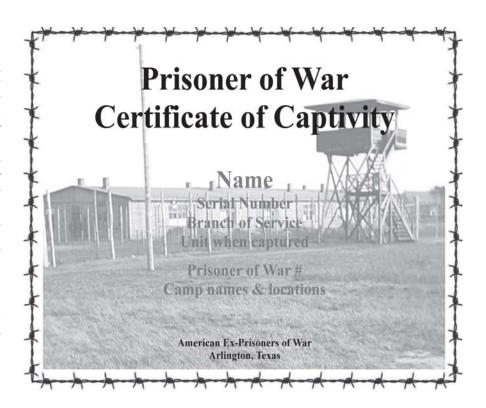
Lew Sleeper National Director, SW



Certificate of Captivity

Suitable for framing, this certificate of captivity, printed on $8\frac{1}{2}$ " x 11" quality paper, proudly displays your history as a prisoner of war. Each certificate background is personalized to the theater of operation. To purchase this certificate from AXPOW, send your name, service number, branch of service, unit when captured, POW number (if known), camp names and locations, along with your payment of \$25.00. You may include a picture with your order.

Please order from National Headquarters. If you are ordering at Convention, you can place your order in the Merchandise Room.





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Name:	 	
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Membership is open to US Military and Civilians captured because of their US citizenship and their families.

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Robert Wheatall, OD
In memory of Dailey Halsey, by
Rodney Halsey
In memory of Dailey Halsey, by
Sharon Jessie

In memory of Dorothy Berens, by William Claycomb
In memory of Eugene McMahon, by Charlotte McMahon
In memory of Henry Dunning, by Phyllis Dunning
In memory of Marion Bitzer, by Betsy Parke & Thomas Yates
In memory of Oliver Odell Hicks, by Dorothy Hicks
In memory of Roger Reckner, by Pauline Reckner

MEDSEARCH FUND

In memory of Lt Col Garry Anloff, past MedSearch Chairman, by Patricia Anloff Sanders In memory of Philip A Hannon, by the Department of Maryland

LEGISLATIVE FUND

In memory of Margaret 'Peggy' Vermont, by the Department of Maryland

VOLUNTARY FUNDING

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In memory of ND Sid Hecker, by PNC Kenny Hanson In memory of ND Sid Hecker, by M/M Ralph F Hogan

In memory of ND Sid Hecker, by the Magnolia Chapter In memory of Archbishop H.M. Groce, Jr., by M/M Dave Drummond

The Legacy of your love can live on after...

An important way you can help ensure that the American Ex-Prisoners of War is always there for returning POWs, their families and their dependents is through your will or living trust.

The gift you make through your will or trust, large or small, is crucial to the future of our organization. In just a few years, after the generations of the heroes of World War II, Korea, Vietnam and more recent wars have passed away, there will be far fewer men and women to carry the banner of AXPOW and her service to America. It will be far easier for our non-veteran population to forget those who sacrificed their blood and their health to ensure America's freedom.

It's very simple to make a bequest to the American Ex-Prisoners of War. Just add the following to your will or living trust: "I give, devise and bequeath to the American Ex-Prisoners of War, 3201 E. Pioneer Parkway, Suite 40, Arlington, TX 76010, the sum of \$_____ or ____percent of the rest, residue and remainder of my estate."

Please take a few minutes of your time to help.

"To care for him who shall have borne the battle, and for his widow and his orphan"
and

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"We exist to help those who cannot help themselves" are not empty phrases.

They are cornerstones of our faith in our future.

taps





Please submit taps notices to: Cheryl Cerbone, 23 Cove View Drive, South Yarmouth, MA 02664

BAUER, John W., of Boerne, TX passed away Aug. 17, 2010. He joined the Aviation Cadet program in 1943. While piloting a B-17 over Austria, he was shot down and captured; he was a POW in Luft VII. John is survived by his wife, Betty, 3 children and 4 grandchildren.

BERENS, Dorothy Paulin, of Louisville, Kentucky, died May 9, 2010. A member of the Kentuckiana Chapter and the Department of Kentucky, she is survived by her husband of 64 years, Frank, a POW in Bucharest.

BOLINSKY, Walter J. of Bloomsburg, PA passed away August 17, 2010 at age 78. He was assigned to HQ, 2nd BN, 9th Inf. Reg., 2nd Inf. Div. in the Korean War. He was captured December 1, 1950 by the Chinese and held for 33 months. He is survived by his wife Carol, 1 son, 2 grandchildren and many relatives and friends.

BURLEIGH, James F., of Golden, CO. died January 10, 2010. He served with Company A, 117th Infantry Regiment, 30th Infantry Division, and was captured August 7, 1944 at St. Barthelemy Normandy. After 8 months in Stalag 7A, Moosburg, he escaped with a comrade from a forced march to Augsburg, eventually rejoining American forces. He is survived by his wife of 60 years, Janet, 3 children, 6 grandchildren and 3 greatgrandchildren.

BUSBEE, Charles, of Dallas, Texas, died September 20, 2010. "Charley" served in the 600th BS, 398th HBG, and was held in Dulag Luft 1.

CAMP, Gregory, life member of AX-POW and member of the East Central FL Chapter, passed away Oct. 3, 2010. During WWII, he served with the First Division in Europe. He was a POW there. Gregory is predeceased by his wife, Miriam.

CONANT, Donald, of Delaware, OH died Sept. 20, 2010. He was captured while serving with the Army Infantry in Europe. He was held in Stalag XIIA work camps. He is survived by his wife Elizabeth.

CORSBIE, Rex E., of Fountain Hills, AZ (formerly of Roland, IA and Mesa, AZ) passed away May 30, 2010. He served with the Army, 893rd Tank Destroyers; he was captured by the Germans and held in Stalags XIIA, 3B and 3A. Rex was a member of the East Valley Chapter, AXPOW where he served as commander. He leaves his loving wife of almost 65 years, Marjorie, 1 son, 1 daughter, 2 granddaughters and 4 great-grandchildren.

CRAWFORD, Merle, of Oro Valley, AZ, passed away September 6, 2010 at the age of 93. She was formerly a member of the Olympic Peninsula Chapter in Washington and currently was a member of the Tacoma Chapter. She was also a life member of AXPOW. Merle is survived by one son and 2 grandsons.

DAVIDSON, Eugene L., of Monroe, OR died Aug. 7, 2010. He was 91. During WWII, he was serving on Bataan when they were surrendered. He survived the Bataan Death March and 3 ½ years of captivity. Survivors include his wife, Helen; 1 son, 2 daughters, 1 stepson, 2 stepdaughters, 3 sisters, 11 grandchildren and several greatgrandchildren.

DEAL, Aleda, 84, of Greensboro, NC passed away Aug. 31, 2010. She was a member of the Greater Greensboro Chapter, AXPOW. Aleda leaves her loving husband, David, 2 daughters, 6 grandchildren, 10 great-grandchildren, 1 sister and 1 brother.

DIERSING, Richard Wayne, of Bellingham, WA died Aug. 26, 2010 at the age of 86. He served in the Army, 106th Inf. Div and was captured in the Battle of the Bulge. Dick was a member of the Fourth Corner Chapter, AXPOW. He is survived by 1 son, 2 daughters, 8 grandchildren and 22 great-grandchildren.

DONNER, Mardell E. passed away July 1, 2010. She was the beloved wife for 66 years of ex-POW Donald, who was captured in France during WWII. Mardell was a life member of the Greater Augusta Chapter, AX-POW. In addition to her husband, survivors include one daughter.

FALSONE, Anthony J., Highbank, TX died Sept. 12, 2010 at the age of 90. He enlisted in the AAC after Pearl Harbor; he was assigned to the 8th AF, 389th BG, stationed in England. He was shot down, captured and held until liberated in April 1945. Anthony was a life member of AXPOW and a volunteer at the VA hospital. He leaves his wife, Polly, 2 sons, 2 daughters, 10 grandchildren, 1 great-grandson and 2 sisters.

FRONTINO, Carmelo J., of Shirley, NY passed away Sept. 11, 2010. He was 86. Carmelo was a proud veteran of WWII, 351st BG, POW in Stalag Luft IV. He was a member of the Nassau-Suffolk Chapter, AXPOW. Survivors include 2 daughters, 1 son and 2 grandchildren.

GALYON, Ralph, member of Smoky Mountain Chapter, passed away,

> **Ex-POW Bulletin** Nov/Dec 2010

taps continued...

Monday, Sept. 13, 2010 at the Ben Atchley Veterans' Nursing Home in Knoxville, TN. He is survived by wife, Marjorie, four children and their families.

HALSEY, Dailey, of Meadville PA, died in September, 2010. Dailey was an AXPOW since 1980, and was an active member of the Barbed Wire Association of NW Penn. He was held by the Koreans from December 1950 to August, 1953. He is survived by his wife of 56 years, Marjorie.

HECKER, Sidney Francis, 85, of Diamondhead, MS passed away Oct. 9, 2010. During WWII, he was captured in the Battle of the Bulge while serving in the Army; he was held until liberation. Sid was an active member and senior vice commander of the Magnolia Chapter and, at the time of his death, was serving as National Director for the Southeast Region. He played an integral part in the formation of the Strategic Planning Committee (over a 10 year span) seeking to find solutions for the future of the American Ex-Prisoners of War. At National Conventions, Sid was usually surrounded by the Magnolia "Belles" and his own beloved Belle, his best friend and partner of 64 years. In addition to Belle, Sid leaves 1 daughter, 1 son, 5 grandchildren and 1 great-granddaughter. He will be missed by his family and friends.

HEINBERG, Paul, of Honolulu, Hawaii died Aug. 17, 2010 at the age of 85. He was a POW in Italy and Germany; captured while serving in the AAF and held in Stalag 7A. Paul was a founding member and first commander of the Hawaii Chapter, AXPOW. He worked hard to obtain the ex-POW license plates for Hawaii. He is survived by Joyce, his loving wife of 65 years, 1 daughter, 1 granddaughter and 1 brother.

Ex-POW Bulletin Nov/Dec 2010 34 HELHOWSKI, Walter B., of Sellersville, PA passed away Feb. 22, 2010 at the age of 90. He joined the Army in August 1940 and was assigned to Corregidor in the Philippine Islands. He was in Battery M 60th CAC (AA) and was a POW for 42 months in Cabanatuan, Philippine Islands and Fukuoka, Japan. He is survived by his wife of 63 years Helen, 1 son, 1 daughter, 1 grandson, 2 granddaughters and 1 great granddaughter.

HELMS, Rodney R. passed away on Feb. 26, 2010 at the age of 90. He was a POW for 18 months in Germany. He was preceded in death by his loving wife Irene on April 30, 2009, at the age of 85. Survivors include their daughter, Carol. They will be greatly missed.

HITCHCOCK, Mary L, of Chattanooga, TN, died July 24, 2010. She was a life member of AXPOW since 1977. She is survived by her husband, William, who served with the 27th BG on Bataan. He made the Bataan Death March and spent 3 ½ years as a POW of the Japanese.

HOLDCRAFT, Alvin, of Dallas, Texas, died September 24, 2010. Alvin, and his wife, Juanita, who died in October 2007, were members of the Dallas Metroplex Chapter, and long-time life members of AXPOW since 1980. Alvin was a POW in Stalag 4B.

HOKR, Lillian Rose, wife of Fresno Chapter #1 Adjutant Frank J. passed away Sept. 24, 2010. She was an active member in organizing many chapter social functions and had a smile and kind word every time you met her. She will be missed by the Chapter as well as the community. Fresno Chapter # 1 Salutes Lillian Hokr

JOHNSTON, Carl Raymond, 89, of Pawnee, OK died Aug. 18, 2010. He was captured while serving with the 320th BG, 444th BS during WWII. He was held in Heppenheim Prison until liberation. Carl's loving wife,

Betty and one son predeceased him; survivors include 2 daughters.

LIND, Alfred, age 92, of Quincy, Washington passed away September 10, 2010. He served in the European theater with the 58th Armored F.A. BN in North Africa and Sicily where he was taken prisoner by the Germans. He was held in Stalags 11B, 111B, 7A & 111A. He was liberated in May of 1945 by Russian troops after 22 months as a prisoner. Alfred is survived by his wife of 65 years, Helen, two sons, 10 grandchildren and 11 greatgrandchildren. He was a life member of AXPOW.

MAYE, Virgil Edwin, of San Angelo, TX died Aug. 4, 2010 at the age of 92. Virgil was captured on Bataan while serving with the Army Medical Corps; he survived the Bataan Death March and 3 ½ years of captivity. Virgil was a member of the Concho Valley Chapter, AXPOW. Survivors include his wife, Faye, 3 children, 1 stepdaughter, 5 grand-children and 10 great-grandchildren.

MEYERS, John H. Sr. "Jack", 86, of Glen Burnie, MD passed away June 17, 2010. During WWII, he served in the 168th Inf. Reg., 34th Div. He was captured in Italy, then escaped, spending 6 weeks behind enemy lines before finding his way to a British camp. Jack was a life member of AXPOW, Commander of the Dept. of MD since 1991, member of the Albert I Bland Marvland North Chapter. He leaves his wife Glenna, 2 sons, 3 daughters, 4 stepsons, 5 stepdaughters, 5 grandchildren, 8 great-grandchildren and a great-great-grandson.

MORRISON, Joe, of Iliff, CO died Sept. 20, 2010. He was 78. Joe served in Korea with the 2nd Inf. Div., 9th Inf. Reg. He was a POW in Camp 5 for nearly 3 years. He was a life member of AXPOW. Survivors include his wife, Shirley, 1 daughter, 2 sons, 2 stepsons and 17 grandchildren.

taps continued...

MURPHY, Glen, Jr., of New Lebanon, OH passed away Aug. 5, 2010. During WWII, he served in the Army (joining when he was 15). He was captured and held in Germany for 9 months. Glen's beloved wife, Vera Edith, predeceased him; he leaves 5 children, 19 grandchildren, 19 great-grandchildren and 3 great-great-grandchildren. He will be missed by friends and family.

MYERS, Dorothy, of Youngstown, Ohio, died May 31, 2010. A long-time member of the Steel Valley Chapter #13, she is survived by her husband of 68 years, Charles, who is serving as commander of Chapter #13, 4 daughters, 2 sons, 13 grandchildren and 8 great-grandchildren.

NICHOLS, John J, of Forney, Texas, died August 22, 2010. John served in the Pacific and was held in Bilibid and Mukden. He is survived by his wife of 68 years, Patsy.

NORTH, Kenneth Walter, of Wellfleet, MA passed away Sept. 21, 2010. He was 80 years old. He joined the U.S. Air Force upon graduating from college, and was awarded his pilot wings in 1954. In 1965 the newly promoted Captain North joined the 13th Tactical Fighter Squadron at Kadena Air Base, Japan, as an F-105 flight commander and was then transferred to Korat Royal Thai Air Force Base, Thailand, in June 1966, to be deployed to Vietnam. Captain North flew 33 combat missions over North Vietnam before he was downed by enemy fire in August 1966. From then until his release in April 1973, he was a prisoner of war in Hanoi, North Vietnam. Ken remained in the Air Force following his release after the war. From 1981 to 1982, he served as executive officer to the deputy commander in chief at Headquarters U.S. European Command, Vaihingen, Germany. General North then moved to Hancock Field, N.Y., as commander of the 21st North American Aerospace Defense Command Region and the 21st Air Division. He is survived by his wife of 57 years, Carol, 4 daughters, 6 grandchildren, 1 sister and several nieces and nephews. Ken was loved long and loved well, and will continue to be loved and treasured in the hearts and memories of his family and friends.

PRICE, Milton O., 89, of Belcamp, MD died Aug. 1, 2009. During WWII, he served in the 8th AF, 389th BS, 487th BG. He was shot down over Hamm, Germany, captured and held in Luft IVD and camps in Nurenberg and Moosberg. Milton was a life member of AXPOW, Commander of the Albert J Bland Maryland North Chapter since 1988. He leaves his wife of 68 years, Vera, 2 daughters, 1 son, 3 grandchildren and 6 great-grandchildren.

PROCAK, George, of Indian Lake, NY passed away in August, 2010. He was captured while serving with the 8th AF, 351st BG, 510th BS; shot down over Germany and held in Luft 1 until liberation. His loving wife, Pat, survives him.

ROHM, David A. Jr., of Pittsburgh, PA died July 13, 2010. During WWII, he served with the 8th AF, 96th BG; he was shot down over Berlin and held until liberation. His wife of nearly 64 years, Rose Marie, survives him; he also leaves 5 children, 14 grandchildren and 1 greatgrandson.

SHERMAN, Tony David, of Kingsland, TX passed away July 11, 2010. He served his country proudly with 5th Army, Co. A, 141st Inf. Reg., 36th Div. He was captured at the Rapido River Crossing in Italy and held in Stalag IIB, IIIB and IVB. Tony was a member of the Concho Valley Chapter, AXPOW. Survivors include 1 son, 1 daughter, 10 grand-children, 8 great-grandchildren, 1 sister and a large and loving extended family.

SMITH, Jean C, of Harrisburg, Pennsylvania, died June 2, 2010. He served with the US Army and was held in Stalags 4B and 3C. He is survived by his wife, Esther.

SMITH, Robert R., age 84, of Carmichael, CA died Sept. 23, 2010. He served in Co. B, 398th Reg., 100th Inf. Div. during WWII. He was captured near Bitche, France with his buddy, Peter Smith; they spent 127 days as POWs. Robert leaves his wife, Marion, 2 sons and their families.

TOBILLA, Gloria, 83, of San Francisco, CA, a member of the Luzviminda Chapter, a life member of AXPOW and widow of Casimiro Tobilla, passed away on July 11, 2010. Her husband Casimiro was captured on Corregidor, Fort Mills, May 6, 1942. He was a member of the 91st Field Artillery, Philippines Scouts. She is survived by family members and friends.

WATSON, George F. Sr., of Redford, MI passed away Aug. 24, 2010. He served in the Army during WWII; was captured in the Battle of the Bulge. He is survived by his wife, Clara, 2 sons, 1 sister, 2 grand-children and 2 great-grandchildren.

WILLIAMS, Phyllis A., of Crosslake, MN died Sept. 1, 2010. She and her husband, Dean (ex-POW in Germany during WWII) were members of the MN Lakes Region Chapter, AXPOW. In addition to her husband, she leaves 5 children, 7 grandchildren, 4 great-grandchildren and 1 sister.

WILSON, George, 86, member of the James L Hale Memorial Chapter (Hampton, Virginia), passed away Aug. 18, 2010. He was a member of the 63rd Calvary Reg., 106th Div., captured in the Battle of the Bulge. He was a life member of AXPOW. He is survived by his wife, Elsie, 2 daughters and 1 son.

national chaplain Continue to pray. God answers



PNC Gerald Harvey 1504 West 5th St. Sedalia, MO 65301 (660) 827-2178

"Hear my prayer, O Lord; let my cry come to thee! Do not hide thy face from me in the day of my distress!"

Psalm 102, verses 1 and 2a

prayer in different ways:

#1. God intervenes.

When Moses raised his hand over the water and prayed, the Red Sea parted and the Israelites, who had been slaves in Egypt, walked across on dry ground. When all were safely across the sea, Moses prayed for the water to run as usual. Then the Egyptians, who had decided they wanted their slaves back, and had been following the Israelites, all drowned.

We like it when God intervenes and answers our prayers quickly. I am sure we can all tell stories when God has answered our prayers this way.

#2. God works in the midst of the problem.

We pray that God will take away the problem. However, God lets it go on, but He is with us

and in time the problem is overcome. God has answered our praver.

#3. God leaves us in the problem but works in us to develop our character and faith in Him.

He gives strength and guidance to live with the problem and He stavs with us the whole way.

Many times this is not easy for us to accept, but it makes us stronger in our walk with God.

WHEN THE STORM COMES, cry out for help, pray, but understand that the answer may be that God is giving you the strength to live with your problem or your illness.

Eunice and I wish you and yours a Blessed Holiday Season!

Gerald

European Theater Casualties ~ **Army**

During WWII, the US Army deployed 68 combat divisions to the ETO. Those infantry, armored, airborne and mountain divisions suffered 78% of all Army casualties sustained in the theater.

The infantry, by far, absorbed the greatest percentage of casualties: 80% of Army killed in action. While only 14% of the Army's total overseas strength, the infantry suffered 70% of all battle casualties. Riflemen equaled 68% of an infantry division's manpower, but accounted for 95% of its casualties.

Divisions varied widely as far as time in combat. For instance, the 3rd Infantry Division went into action in November 1942; the 13th Airborne Division arrived in France on February 6, 1945, but was never deployed in combat. Maximum time in combat for the average infantryman was 200 days before he reached the breaking point.

War	Months of War	Total Army Casualties Inf	antry Casualties 9	% Infantry Casualties
WWI	19	224,089	195,547	87
WWII	44	823,483	661,059	80
Korea	36	109,958	92,185	84
Vietnam	84	230,398	184,318	80



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Authored by Cor Longiotti

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Growing up in a small town. Enduring Life in the great depression era.

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\$10 each including S/H

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50/50 drawing

September 2010 Albany, GA

1st Place Clare Martin \$475.00

S Boston MA

2nd Place Sonnie Bill Mottern \$356.25

TN

3rd Place Jesse Jordan \$237.50

Hammon OK

4th Place C.R. Williams \$118.75

OK (donated back to AXPOW)

These drawings help raise money needed for our operating expenses. They allow our members to participate in a very worthwhile project, while giving them a chance to win. 50% of the donations will be given to the General Fund and the other 50% are awarded as prizes. The amounts are determined after all donations are received. You do not have to be present to win. Please make copies of the tickets on the other side and offer them to your Chapter members, family and friends. We are asking \$5.00 for 6 tickets. These donations are not tax deductible. Fill out the tickets and send them and your donations to:

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American Ex-Prisoners of War	American Ex-Prisoners of War
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The Quartermaster's Shop

order on page 42



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The Medallion is 4", Bronze/Brown with Lacquer, weighs approximately 1lb 4oz, containing 84% copper, balance in other metals. The hardware for mounting is included in each packet.

check with your local cemetery before ordering to see if medallions are permitted.

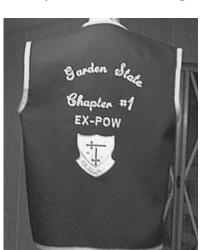
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(\$15.00 for one; \$20.00 for two or more)



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\$55.00 each includes shipping/handling

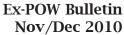
For pins, vest guards and other items to "dress up" your vest, order from the merchandise page.

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Name Badge Order Form **AXPOW Vest Order Form** MARSHA (for members only) (For members only) COKE Actual size of badge is size of a credit card National Headquarters Address___ Arlington, Texas City, State, Zip ___ PLEASE PRINT: Name Size (Men/coat, Women/chest measurement) Line 1 Line 2 Long, Regular or Short____ Name on front of vest _____ Name Badge with name & chapter and city: \$6.00 (includes shipping and handling) Chapter Name (back of vest) Ship to: Street Price: \$55.00, includes shipping/handling City/State/Zip _____ Please allow 8-10 weeks for delivery. Mail orders to: Mail orders to: AXPOW NATIONAL HEADQUARTERS AXPOW NATIONAL HEADQUARTERS 3201 East Pioneer Parkway, Suite 40 3201 East Pioneer Parkway, Suite 40 Arlington, Texas 76010-5396 Arlington, Texas 76010-5396 40.00 Eagle pin w/Barbed Wire Official AXPOW Cap (specify size) 12x18 AXPOW Graveside Flag Vinyl Cap Bag 3.00 (specify gold, silver or antique gold) 3x5 ft. AXPOW Flag w/3-color logo Maroon AXPOW Sport Cap 8.00 Jeweled Flag Pin 30.00 with fringe, indoor use 9.00 USA Jeweled Pin 15.00 Black Eagle Sport Cap with grommets, outdoor use Canvas Sport Cap (offwhite or tan) 10.00 Logo Necklace 3x5ft. blackPOW/MIA flag, outdoor use 13.00 Logo Earrings (pierced or clip) AXPOW Pocket Knife 5.00 AXPOW Metal License Plate Frame 2" Medallion (for plaque) 5.00 30.00 Aluminum License Plate Necktie w/logo (specify regular or pre-tied) Vest Chainguard w/eagles 8.00 3" Vinyl Decal 25.00 3" Blazer Patch 4.00 3" Inside Decal AXPOW Logo Bolo Tie 20.00 4" Blazer Patch U.S. Flag Bolo Tie 4.00 8" Vinyl Decal 25.00 8" Blazer Patch Mini POW Medal Bolo Tie 10.00 12" Vinyl Decal 3.00 **CLOTH STRIPES** (specify which title)

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Service Officer · Legislative Officer

5.00 Adjutant · Chapter Treasurer

State Department Commander

5.00 Past Chapter Commander · Chapter Adj/Treas Chapter

5.00 Past State Dept. Commander · Department Adjutant

Department Treasurer · Sr. Vice Commander

Jr. Vice Commander · Chaplain · Historian

Past Chapter Officer · Past Department Officer

5.00

5.00

3.00

5.00

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